

Hungry Harvest Ready-to-Eat Meals

Delivered Directly to Clients' Homes for Delicious Convenience!

Hungry Harvest is thrilled to introduce our new **Ready-to-Eat Meals**, featuring a variety of flavorful options sourced from trusted third-party suppliers of exceptional quality. These meals are designed to provide a convenient and nutritious solution for busy individuals or those with limited cooking resources.

Key Features:

- ★ Our meals are crafted with care, using high-quality ingredients
- ★ Each meal comes in a **generous serving size**, ensuring a satisfying and filling experience.
- ★ Ready-to-Eat Meals are **convenient**, **quick**, **and easy**: designed for busy individuals who need a hassle-free solution. Simply microwave the meal, and it's ready to be enjoyed on the go.
- ★ Our meals are inspired by different culinary influences, ensuring a diverse range of familiar flavors and essential nutrients. They incorporate high-quality proteins, vegetables, whole grains, and heart-healthy oils.

Why Choose Our Ready-to-Eat Meals?

Easy. They're Nutritious, Delicious, Convenient, and Affordable!

- Nutritious: The meals are crafted with a focus on nutrition; packed with fresh ingredients and balanced flavors, they offer a convenient way to enjoy wholesome, plant-forward meals.
- Delicious: Explore familiar and mouth watering flavors from our menu, including Vegetable Tagine, Chicken Tikka Masala, Thai Red Curry, and Fire Grilled Steak. Find detailed meal information in the attached Appendix.
- Convenient: The meals provide a hassle-free solution for busy individuals. They require no cooking or extensive preparation, allowing you to savor a nutritious meal within minutes.
- > Affordable: \$8/meal





How To Enroll:

- Existing Clients: If you have existing clients who would like to receive our Ready-to-Eat Meals, please provide us with a list of their initials, phone numbers, and the desired number of meals per week. We will ensure their preferences are met seamlessly.
- *New Clients*: Our <u>existing enrollment form</u> is updated to include the option to select Ready-to-Eat Meals and specify the quantity per delivery, beginning on July 17th, 2023. Look out for the updated form to enroll new clients easily.



Contact Us!

For more information or assistance with enrollment, please contact our Social Impact team at socialimpact@hungryharvest.net.

Thank you for your support in reducing food waste and promoting healthy eating habits. Together, let's make a difference in our communities!



Appendix: RTE Meal Information, Links, & Highlights



Organic Moroccan Inspired Vegetable Tagine by Amy's

- 9.15 oz microwavable frozen meal
- 12g protein, 6g fiber, 270 calories
- Plant-based & vegan
- 1 cup of organic veggies per serving
- Dairy-free
- Made with organic veggies, couscous, & quinoa





Chicken Tikka Masala by Saffron Road

- 10 oz microwavable meal
- Chicken raised without antibiotics
- Gluten-free
- 17g protein, 1g fiber, 300 calories
- Roasted white meat chicken simmered with Tandoori spices in a robust, creamy tomato sauce







Thai Red Curry by Amy's

- 10 oz microwavable frozen meal
- 9g protein, 3g fiber, 400 calories
- Plant-based & vegan
- Dairy-free
- Smooth, coconut milk-based curry sauce with organic onions, broccoli, carrots, tofu, sweet butternut squash, and Jasmine rice







*

Fire Grilled Steak by evol foods

- 9 oz microwavable frozen meal
- Beef raised without antibiotics
- Gluten-free
- 18g protein, 7g fiber